

# B.C. Provincial Group Technical Program 2012

LEVEL	AGE	SIZE & APPARATUS	TIME	REQUIREMENTS DIFFICULTY	REQUIREMENTS ARTISTRY
Interclub Do not attend BC Provincials	6-8 yrs CH 9-10 yrs PN 11-12 yrs NOV 13-15 yrs JR 16+ SR	2,3,4,5,6 Free Free or Ball Free or Hoop Ball or Ribbon Choice	1:00-1:30 1:30-2:30 1:30-2:30 1:30-2:30 1:30-2:30	D1 = 4 A,B for Free D2 = 5.00 (refer to indiv notes) D1 = 4 A,B, and 2 Exchange with Apparatus D2 = 8.00 Apparatus (mastery with and w/o throws and max 1 risk)	Maximum 10.00  4 Formations
Pre Level 1	6-8 CH 9-10 PN	2, 3, 4, 5 BC  Free	1:00-1:30	D1 = 4 Isolated Difficulties from A, B (.8) D2 = 5.00 – refer to Individual Free Routine Notes <u>Collaboration</u> <b>0.1 simple collaboration</b> <b>0.2 with any of the actions listed in the FIG COP Page 111, REG. 3.2.5; 3.2.6</b> <b>0.3 with body rotation</b>	Maximum 10.00  4 Formations
Level 1	9-10 PN 11-12 NOV 13-15 JR 16+ SR	2,3, 4, 5  Free	1:30 to 2:00	D1 = 6 A,B D2 = 5.0 – refer to Individual Free Notes Collaboration – see above	As above for Pre Level 1
Level 2	9-10 PN 11-12 NOV 13-15 JR 16+ SR	2,3,4,5  Hoop	1:30 to 2:00	D1 = 3 A,B & 3 Exchange Total 6 D2 =8.00 Apparatus (with and w/o throws and max 1 risk)	Maximum 10.0  4 Formations
BRONZE LEVEL	9-10 PN 11-12 NOV 13-15 JR 16+ SR	2,3, 4, 5 BC  Ball	1:30 to 2:00	D1 = Difficulties A,B,C,D 3 Exchanges 4 Isolated Difficulties Max 1.0 for Exchange (4.6 total D1 Max) D2 =8.00 Apparatus (with and w/o throws and max 1 risk)	Maximum 10.0  4 Formations
SILVER LEVEL	11-12 NOV 13-15 JR 16+ SR	2,3,4,5 BC Choice of Rope or Ball Or choice of: 1 rope/1 ball 2 ropes/1 ball 2 ropes/2 balls	1:30-2:00 Duos/Trios  2:15-2:30 Groups of 4 or 5	D1 = Difficulties A,B,C,D, E 3 Exchanges 4 Isolated Difficulties Max 1.0 for Exchange (5.0 total D1 Max) D2 =10.00 Apparatus (with and w/o throws and max 1 risk)	Maximum 10.0  4 Formations
GOLD LEVEL	13-15 JR	Choice of: Single apparatus Hoop or Ribbon or Choice of: OR 1 ribbon/1 hoop 2 ribbons/1 hoop 2 ribbons/2 hoops 3 ribbons/2 hoops	2:15 to 2:30	D1 = Difficulties A,B,C,D,E,F 4 Exchanges 4 Isolated Difficulties Max 1.0 for exchange (6.4 total D1 Max) D2 =10.00 Apparatus (with and w/o throws and max 1 risk)	Maximum 10.0  6 Formations

### Further Notes:

#### Group Composition & Eligibility:

Athletes may compete in a group one age level up from the level they compete as individuals (excludes Pre Novice)

An athlete cannot compete in both a Provincial Duo & a Provincial 4/5 Group

- An athlete cannot compete in any type of Provincial Group & also a National Group of any type
- Exception: an athlete may compete in one Provincial or National Group, AND one AGG Group.

#### Body Difficulties:

- A higher level body difficulty, if executed correctly, will be evaluated as maximum for that level. (e.g: If a Junior group performs a 'F' difficulty, the value awarded would be 0.5
- Balanced use of body groups

#### Junior & Senior Groups:

- Junior & Senior group routines may either be single-apparatus routines or mixed- apparatus routines. Groups will continue to compete, & awards given, as groups of 2 or 3 as one competition & set of awards, & groups of 4 or 5 as another competition and set of awards, regardless of the apparatus chosen.