
Free Requirement BD and Script Submissions

1. Mandatory Body Difficulties

- All mandatory and choice BD listed on the script will be judged in accordance with the current COP and will be devalued based on the performance of the BD by the gymnast
- No script deduction will be given for the wrong symbol listed on the script
- If a mandatory BD is not attempted, 0.3 penalty will be applied to each missing mandatory BD
- If a mandatory BD is listed on the script; but the gymnast performs another difficulty, BD will be counted towards choice difficulties and 0.3 penalty will be applied for missing mandatory BD
- If a gymnast exceeds the number of choice difficulties, the last choice difficulty will not be counted.

For example: Listed on the script mandatory BD – Back split rotation, the gymnast performs – successful 360 attitude rotation. The gymnast will get credit for attitude rotation in case she does not exceed maximum number of choice difficulties already performed, plus 0.3 deduction for missing mandatory BD

2. Scripts

Sample Scripts for Levels 3C and Novice are attached

- Scripts are required for Free Routines for the following levels: 1B, 2A, 2B, 2C, 3A, 3B, 3C, 4C and Novice
- To provide feedback to the coaches, Free Routine D1-D2 Scripts will be returned to the coaches by the host club after competition upon approval of JR
- A coach no longer needs to list D3-D4 requirements on the script (R, Waves, Dance Steps); in replacement, D3-D4 judges will use the attached chits for identifying mandatory D3-D4 requirements in the order of performance by the gymnast
- To assist judges to identify mandatory dominant and non-dominant leg BD, a coach must identify each mandatory BD with the specific symbols: D(R)*, D(L)*, ND(R)*, ND(L)*
 - Levels 1 B , 2A, 2B and 2C require a minimum of 1 BD with non-dominant leg
 - Levels 3A, 3B, 3C, 4C and Novice require a minimum of 2 BD with non-dominant leg
 - 0.3 deduction for each missing BD with non-dominant leg