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| **2018 CANADIAN CHAMPIONSHIPS SCHEDULE** | |
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| **THURSDAY MAY 17** |  |
| 08:30 – 17:00 | Podium Training | |
| 17:00 – 17:45 | Technical Meeting for accredited coaches & managers | |
| 18:00 – 19:30 | National Team Coach Council Meeting (accredited coaches & judges welcome to observer) | |
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| **FRIDAY MAY 18** |  | |
| 7:15 | Gym Opens | |
| 07:45 – 08:45 | Judges’ Meeting | |
| 08:30 – 08:50 | Timed Warm-up for Novice Group & Novice (2.5 min. per group/3 min. groups of 7) | |
| 08:50 – 09:00 | **Official Welcome** | |
| 09:00 – 11:20 | **Novice Group 5 Hoops (Perf 1) & Novice Free/Rope** | |
| 11:20 – 12:00 | Lunch Break | |
| 11:45 – 12:00 | Timed Warm-up for Senior Open ( 3 min. groups of 7) | |
| 12:00 – 14:05 | **Senior Open Competition A** – **Hoop/Ball** | |
| 14:05 – 14:15 | Timed Warm-up for Senior HP (3 min. groups of 7) | |
| 14:15 – 15:35 | **Senior HP Competition A – Hoop/Ball** | |
| 15:35 – 15:45 | Timed Warm-up Junior HP & Top 2 Junior Open from East & West (3 min. groups of 7) | |
| 15:45 – 17:15 | **Junior High Performance Competition A & Junior Open – Hoop/Ball** | |
| 17:15 – 18:00 | Dinner Break | |
| 17:45 – 18:00 | Timed Warm-up for Junior & Senior Group (2.5 min. per group) | |
| 18:00 – 18:25 | **Jr. & Sr. Group Competition A (Perf 1) Jr Clubs/Ribbon; Senior Hoop/Hoop & Clubs** | |
| 18:25 – 18:35 | Timed Warm Ups for Junior Open (3 min. per groups of 7) |
| 18:35 – 20:40 | **Junior Open Competition A – Hoop/Ball** |
| 20: 45– 21:45 | **Program Committee Meeting** |
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| **SATURDAY MAY 19** |  |
| 7:15 | Gym Opens |
| 08:00 – 08:45 | Judges’ Meeting |
| 08:45 – 09:00 | Timed Warm-up for Novice Group & Novice (2.5 min. per group/3 min. groups of 7) |
| 09:00 – 11:20 | **Novice Group 5 Hoops (Perf 2) & Novice Ball/Clubs** |
| 11:20 – 11:30 | **AWARDS – Novice Group AA & Novice Apparatus and AA** |
| 11:30 – 12:00 | Lunch Break |
| 11:45 – 12:00 | Timed Warm up for Senior Open ( 3 min. groups of 7) |
| 12:00 – 14:05 | **Senior Open Competition A – Clubs/Ribbon** |
| 14:05 – 14:15 | Timed Warm-up for Senior HP ( 3 min. groups of 7) |
| 14:15 – 15:35 | **Senior HP Competition A** **– Clubs/Ribbon** |
| 15:35 – 15:45 | Timed Warm-up for Junior HP & Top 2 Junior Open from East & West ( 3 min. groups of 7) |
| 15:45 – 17:15 | **Junior HP Competition A & Junior Open – Clubs/Ribbon** |
| 17:15 – 18:00 | Dinner Break |
| 17:45 – 18:00 | Timed Warm-up for Junior & Senior Groups (2.5 min. per group) |
| 18:00 – 18:25 | **Jr & Sr Group Competition A (Perf 2) Jr Rope/Ribbon; Sr. Rope/Ball-Hoop/Clubs** |
| 18:25 – 18:35 | Timed Warm-up for Junior Open ( 3 min. groups of 7) |
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| 18:35 – 20:35 | **Junior Open Competition A – Clubs & Ribbon** |
| 20:50 – 21:15 | **AWARDS Jr. & Sr. Open Apparatus & AA; Jr. & Sr. Group Development AA** |
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| **SUNDAY MAY 20** | **COMPETITION B** |
| 7:15 | Gym Opens |
| 08:00 – 08:45 | Judges‘ Meeting |
| 08:40 – 09:00 | Timed Warm-up for Groups & Junior HP |
| 09:00 – 09:20 | **Group Competition B – Performance 1** |
| 09:20 – 11:45 | **Junior HP Certificates & Competition B** |
| 11:45 – 12:30 | Lunch Break |
| 12:10 – 12:30 | Timed Warm-up for Groups & Senior HP |
| 12:30 – 12:50 | **Group Competition B – Performance 2** |
| 12:50 – 15:05 | **Senior HP Certificates & Competition B** |
| 15:05 – 15:25 | **Competition Closing** |
| 15:25 – 16:15 | **AWARDS & CLOSING** |
|          National Junior & Senior Group Apparatus & AA | |
|          Junior HP Apparatus & AA | |
|          Senior HP Apparatus & AA | |
|          Provincial Team Award | |
|          International Recognition – Athlete, Coach, Judge | |
|          Miss Elegance | |
|          Junior Athlete of the Year | |
|          Senior Athlete of the Year | |
|          Coach of the Year | |
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