



GYMnastics
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CANADA

Rhythmic Gymnastics

2018 PROGRAM ASSEMBLY
JUNE 19 2018, 19:00-21:00 ET

RG PROGRAM REPORT

2016-2019 Program Committee

- Program Assembly Chair: Joan Jack
- NTCC Representative: Camille Martens
- Member at Large: Yuliana Korolyova (Domestic Development)
- Member at Large: Marta Kroupa (Coaching Education)
- Member at Large: Adrienne Arnold
- *Athlete Representative: Katrina Cameron Refer to slide 4
- Technical Coordinator: Gail Whittemore (Annual Contract– Toronto, ON)
- Program Coordinator: Brihana Mosienko (GCG Staff – Ottawa, ON)
- NT Director: Teresa Orr (GCG Staff – Newmarket, ON)

GCG GENERAL UPDATES

- **GCG Staffing**

Peter Nicol resigned as of June 11th

- Ian Moss: Interim CEO, HP Director (since June 2017)
- TG Program Manager: Niki Lavoie
- TG National Team Director: TBC
- WAG National Team Director: TBC
- Ellen MacPherson : Director of Safe Sport
 - Safe Sport Policies & Procedures
 - Working with PTO's to ensure alignment where possible
- **LGBTQI2S** – GCG staff attended 6 hour inclusion training in March
- **GCG hosted Gym for All FIG Colloquium in April**
 - included sessions in inclusive Sport Leadership
 - coaching athletes with a disability
 - responsible coaching movement
 - World Gym for Life Challenge
 - World Gymnaestrada
- **Board of Directors** voted in at the June AGM. New Chair is Dr. Lynn Smith from MB
- **Canadian Gymnaestrada June 28 to July 1:** GCG & partners Destination BC and Richmond Sport Hosting play host to the Canadian Gymnaestrada

2018 ATHLETES' COMMISSION

The Board has created an Athletes' Commission (AC) that will have direct access to the Board via the GCG Athlete Representative. Previously the athlete representatives did not interact with the Athlete Representative to the Board, and therefore did not have a voice on the Board. Now each of the Discipline Athlete Representatives (DAR) who sit on the Athlete Commission will automatically sit on the technical committee as well. The Board believes that this commission is important for our sport and that our athletes' voices must be heard.

- Terms of reference for the AC can be found on the website under each discipline
- Interim Elections (May to October 2018) for DAR completed in May
- Athena Tsaltas RG AR; Rosie MacLennan AR chair & appointed to Board
- First meeting was held during the 2018 Artistic CC's in Waterloo

* **October 2018 new elections will proceed**

2017-2018 EVENTS

Thank you to our 2018 hosts!

- Elite Canada – ON
- Canadian Championships – BC
- Eastern Regionals – QC
- Western Regionals – MB

International Non FIG Hosts!

Slonny Cup – ON

Millennium Cup – BC

Olympia Cup – BC

Planet RG Invitational – BC

Olympium Invitational – ON

All Stars Invitational – BC

Jusco Invitational – ON

Brittney Hunt International – AB

International FIG Host!

- Koop Cup – ON

2019 RG EVENTS

- February 13 – 17: Elite Canada – Calgary, AB
- May 15 – 19: Canadian Championships – Markham, ON
- April 12-14: Eastern Regionals – Markham, ON
- April 24-28: Western Regionals – Burnaby, BC

2020 RG EVENTS

- February 12 – 16: Elite Canada – Burnaby, BC
- May 19 – 24: Canadian Championships – TBC *multi-discipline event
- April 16-19: Eastern Regionals – Moncton, NB
- April 23-26: Western Regionals – Calgary, AB

PROGRAM ASSEMBLY PURPOSE

- Foster communication & consultation between GCG & PTO's within the RG Program
- Provide input and direction on domestic competitive programs used by a majority of provinces (non-National Team)
- Provide input on other topics at the request of the Program Committee
- Adopt the changes to the Technical Regulations
- Elect 2 members to the Program Committee for a 3 year term
- Next elections - 2019

GCG POLICIES & PROCEDURES /OPERATIONS

- In process of updating: Board & Staff

ATHLETE AGREEMENTS & NT HANDBOOK

- In process of updating: Staff

DOMESTIC DEVELOPMENT

- Thank you to Yuliana , Camille & Zdravka for their collaboration in creating the 2018 GCG RGI-RGG Development Program in consultation with PTO's, Program Committee, JDWG and NTD
- **Elite Canada** - discussion on the impact the new code had on Development Program judging and scores
- **Canadian Championships** – discussed the RG motions with NTCC & Program Committee
- **May Meeting** – DDWG proposes that we continue with the program as is for 2019
 - ✓ The Development Program is inline with the LTAD model and promotes development of strength & alignment
 - ✓ At the 2017 assembly, it was discussed that we retain the current program for a few years

ELITE CANADA QUALIFYING STRUCTURE

Introduced the NEW Elite Canada Qualifying Structure for 2018 Elite Canada

- 20 gymnasts sent in applications for review
- Total of 5 Juniors were selected
- Total of 5 Seniors were selected
- Additional 2 Senior gymnasts were approved to attend EC: 1 visitor; 1 gymnast that was testing for Senior group & had 3 out of 4 routines prepared by the deadline

Two Brevet judges from the JDWG evaluated the routines independently

Scores were totaled and gymnasts were ranked by GCG staff

2019 Elite Canada next steps:

- GCG will send list of qualifying gymnasts to the Provinces
- Provinces will return their list of active/non-active gymnasts (October 2018)
- GCG will update list
- PTO's then send in applications for consideration (as per Tech Rules & Regulations)

NATIONAL TEAM PROGRAMS

- GCG RG Integrated Support Team (IST) Lead Agnes Makowski assigned Cristina to cover 2018 Elite Canada
- Shared Physiotherapist with Artistic for Commonwealth Games
- Shared Physiotherapist with Trampoline for Pacific Rim

Selection Criteria

- NTD consulted with NTCC rep, a group of NT coaches & Brevet Judges, the Program Committee & HP Director for input to the selection criteria and performance goals for the following 2018 events:
 - Commonwealth Games
 - Pacific Rim
 - Junior Pan American Championships
 - World Championships
 - Senior Pan American Championships
- GCG hosted a 2 day National Team camp for 5 Sr. & 5 Jr. athletes following 2018 Elite Canada
 - Purpose: Feedback from EC in preparation for CWG, Pacific Rim & Jr. Pan Am
 - Video review from Elite Canada competition used for individual routine analysis
 - Camp components included: Ballet classes; apparatus work, routine analysis
 - Technical lead: Svetlana Joukova

National Team selection process for 2019-2020 is under review

FIG EVENTS SUMMARY

2017 AGM to 2018 AGM

- Attended 2 World Cups (cost-shared)
- Attended 4 World Challenge Cups (cost-shared)
- Attended Pan American Championships (cost-shared)
- Attended Commonwealth Games (fully funded)
- Attended Pacific Rim (cost-shared)
- Attended Jr. Pan American Championships (cost-shared)
- Attended 12 FIG sanctioned events (self-funded)

Approximately 35 gymnasts competed at FIG events, of which half competed at more than one competition.

All 2017-2018 National Team members competed at a minimum 1 FIG event

FIG EVENT MEDALS

2017 Pan American Championships – Jr. Team Silver (Michel, Natalie, Sophie)

- Michel Vivier Jr. - Silver AA; Gold, Silver , 2 Bronze Finals
- Natalie Garcia Jr. – Bronze AA
- Adagio Group – Bronze Clubs (Erin, Tiffany, Elena, Ana, Christina, Cecelia)
- GCG Group – Bronze AA (Vanessa, Renna, Elizabeth, Anastasia, Alexandra)

2018 Moscow International – Team Silver (Michel & Natalie)

2018 Aphrodite Cup

- Katherine Uchida – Gold Hoop

2018 Commonwealth Games

- Katherine Uchida – Silver AA
- Sophie Crane – Gold Clubs

2018 Pacific Rim – Team Silver (Michel, Natalie, Haley, Izabella, Athena, Jaedyn)

- Michel Vivier Jr. – Bronze AA; 1 Silver & 2 Bronze Finals
- Natalie Garcia Jr. – 1 Silver & 2 Bronze Finals
- Jaedyn Andreotti Sr. – 1 Silver Finals
- Trillium Group – Bronze AA; 2 Bronze Finals (Martha, Michelle, Leonella, Victoria, Tiffany)

2018 Jr Pan American Championships – Team Silver (Natalie, Izabella, Haley)

- Natalie Garcia Jr. – Silver AA; Gold, Silver & Bronze Finals

GCG GROUP

- Final selection for 2018 RGG was completed in October 2017
- Medical and functional assessments completed for all RGG members in Nov. 2017
- Equivalent of 6 Sr. cards approved for 2018 Sport Canada (4 Senior; 3 Developmental)
- All carded athletes registered with Canadian Sport Institute ON (CSIO)
- CSIO offers carded athletes 4 nutrition & 4 mental performance sessions at no cost
- TPASC Training Agreement completed for 2018-2019 season
- 2019 Selection Criteria & Carding Criteria to be distributed before end of June
- FIG results analyzed to prepare performance objectives

UPCOMING

- August – Marbella Camp & Minsk World Challenge Cup
- September – Training Camp & World Championships in Sofia, BUL
- September – Pan American Championships qualifying event for the 2019 Pan American Games
- October 15 to 20 – 2019 Group Selection Activity
- Two New choreographies
- Sport Canada recently approved the equivalent of 5 Senior cards for 2019

UPCOMING EVENTS

- **Minsk World Challenge Cup:** Top 2 RGI from 2018 CC & GCG Group
- **World Championships:** Top 3 RGI using Selection Criteria & GCG Group
- **Aeon Cup:** Will not participate due to conflict with Pan American Championships
- **2018 Pan American Championships:** Pan American Games Qualifying Event
 - **RGI – 16 qualify**
 - 10 best routines out of 12 = Team Ranking
 - Top 6 NOC from Team Event qualify 2 gymnasts
 - Next 4 NOC from Team Event qualify 1 gymnast
 - Canada will participate with 4 gymnasts to Senior Pan American Championships
 - **RGG – 6 NOC qualify** (5 gymnasts/no reserve allowed)
- **Youth Olympic Games – multi-discipline event**
 - **Natalie Garcia** qualified Canada a spot at the Games by finishing 2nd AA at the Jr. Pan Am Championships

RISK MANAGEMENT

We encourage the provinces to verify completion of Risk Management requirements prior to sending in their list of participants for events.

- Respect in Sport module
- Police Record Check
- True Sport Clean 101 e-learning course
- CAC: Making Headway module

Updates:

February 2018: Suzanne Fisher presented Coaching Education NCCP update

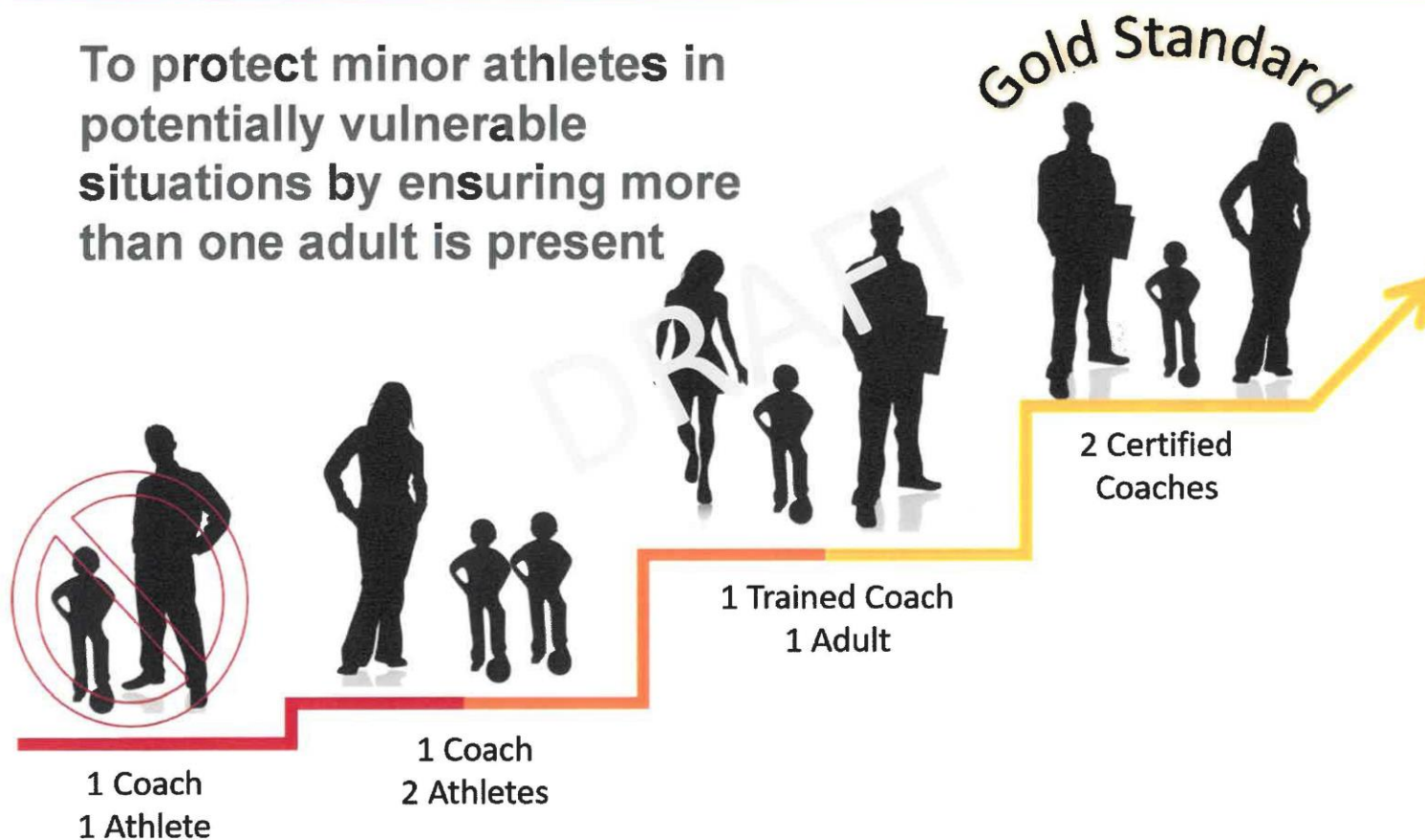
February 2018: William Thompson, Board Member, provided Safe Sport update

March 2018: Power point presentation was included in PTO update

- **Rule of Two was part of this presentation**

Purpose of Rule of Two

To protect minor athletes in potentially vulnerable situations by ensuring more than one adult is present



JUDGE DEVELOPMENT WORKING GROUP

2016-2019

- Gail Whittemore – Chair
- Polina Tzankova – Brevet Judge Council Chair
- Daniela Arendasova - QC
- Megan Magid - BC
- Olga Khabarova – AB
- Tracy Sterdan – MB
- Teresa Orr – NTD
- Note: Wendy Mackenzie stepped down

The JDWG will be meeting to answer the suggestions presented to GCG in May.

JUDGING

- In 2017 one judge participated in a FIG C international judging course

Presently the RG Program has:

- **RGI: Brevet 2 = 5; Brevet 3 = 8; Brevet 4 = 10**
- **RGG: Brevet 1 = 2; Brevet 2 = 3; Brevet 3 = 7 ; Brevet 4 = 10**
- The FIG judge positions list will be updated in the next month & sent to all provinces
 - FIG judge positions include: D, E, L, T

JUDGE SELECTION TO FIG EVENTS

Criteria in no particular order for strategic FIG Events

- FIG exam results
- International experience
- Judge availability and interest
- Neutrality
- Event location
- National Team Coach Feedback
- Judge vs. Coach role
- Positive Collaboration
- Completion of Reports in a timely manner
- Interest in upgrading and need for competition

Note: Selection is made by NTD & Gail Whittemore, with JDWG input when requested and according to the NT Strategic Plan.

NATIONAL JUDGES COURSE

- 115 participants registered for the course
 - 66 individuals participated in the RGI exam
 - 37 individuals participated in the RGI make-up exam
 - 63 individuals participated in the RGG exam
- Survey for feedback distributed in April 2018
 - Positive feedback in regards to structure, format, cost and content
 - Negative feedback in regards to timing and communication
- Course to be offered again in Fall 2018 with some minor changes (exact details to be confirmed this summer)
- Comprehensive survey results to be distributed to PTO's following the RG Program Assembly

COACHING EDUCATION

Course Development Steps

- Step 1: Develop a skills matrix - Comp 1 (Yuliana)
 - Step 2: Develop the evaluation outcomes, criteria
 - Step 3: Develop the technical content (Yuliana, Camille)
 - **Step 4: Pilot course, receive feedback, make changes, pilot course**
 - Step 5: Train Coach Developers (Learning Facilitators & Coach Evaluators)
 - Step 6: Submit to CAC for approval
- *Comp 1 will be presented in NB early July by Yuliana & Jennifer**
- *Coach Development: See Aspire Camp & Vision**

LEARNING MANAGEMENT SYSTEM

All course resource materials in the form of downloadable PDF documents and viewable videos will be available for registered coaches.

ASPIRE CAMP VISION

- GCG is offering Aspire Camp pilot August 16-19 in Toronto, ON
 - Memo and registration will be distributed to PTO's before the end of this week
- Thank you to Yuliana & Camille for their continued assistance with this project

• *Draft =*

Year (ages)	General	Camps	Identification/ Acknowledgement	Funding Goals	OTHER
2018 2007 -2010	Create and run 'pilot' ASPIRE camps for ages 2007 -2010	Secure Hosts for a Camp in the East and the West	Initiate testing results Include in a database Distribute Aspire camp achievement and certificates outlining test results	Self Funded	Gather feedback and work towards being better in 2019
2019 2008 -2011	Continue with camps and implement first ID/Acknowledgement	Aim for 2 (or more) camps in the East and 2 (or more) camps in the West	Invitations sent based on 2018 Test results and to top 5 from Easterns and Westerns in levels 3B, 3C, and age eligible Novice To be developed further...	Self Funded/ Partially Funded (based on successful participation from 2018)	Gather feedback and work towards being better in 2020
2020 2009 -2012	Continue and re-evaluate camp content *if camps are well enough attended, implement scholarships for camps	As above	Continue distributing Aspire camp achievement and certificates outlining test results and possible grants	Offer Subsidy/Full Funding to top 3 athletes in each category	Gather feedback and work towards being better in 2020
2021 2010-2013	Continue and re-evaluate camp content	As above	As above	As above	Gather feedback and work towards being better in 2020

GCG AWARDS

- The GCG Awards Manual is under review, therefore no special awards were presented in 2018 at the annual AGM.

At the 2018 Canadian Championships, the following awards were presented:

- Junior Athlete of the Year: Michel Vivier
- Senior Athlete of the Year: Sophie Crane
- Coach of the Year: Stefka Moutafchieva
- Miss Elegance: Natalie Garcia
- Brevet Judges who judged at a FIG event
- International Medalists: Athletes
- International Medalists: Coaches

2019 marks GCG's 50th Anniversary

ADDITIONAL INFORMATION

- Tabulation of Inquiry results from 2018 CC
- Input of corrected inquiry scores
- Posting of official results - GCG
- Recommendation: that official scorer stay in place until all inquiries have been completed & inputted
- Recommendation: score Inquiry Form be revised

Registration Forms: GCG to follow up with the Provinces annually regarding CC, PR, FIG License information, etc.

GCG became aware of a gymnast that had a FIG License one week prior to Canadian Championships.:

- As a result, the next ranked athlete at EC would have been invited to compete as a HP gymnast in Competition B
- The same gymnast would not have been eligible to compete at Western Regionals as a Senior Open.

We apologize & will use due diligence in following up with provinces and clubs in future.