



**British Columbia Rhythmic Sportive Gymnastics Federation
National Coaching Certification Program (NCCP) –2019**

Please confirm by email which courses you will be attending.

Preliminary registration for the course is November 15^h

Cheques must be sent to the BCRSGF office by December 15th

Contact Information:

SashkaGitcheva (bcrsgf@rhythmicsbc.com)

BC Rhythmic Sportive Gymnastics Federation

268-828 West 8th Avenue, Vancouver, BC V5Z 1E2

www.rhythmicsbc.com

For the coach to be **certified must be 16th** years old at the time of the certification.

Gymnastics Foundations – Intro

The intro course is an active two-day course taught in the gym and is applicable to all the gymnastics disciplines. Coaches-in-training learn the three Fs: Fun, Fitness and Fundamentals of gymnastics during this course. **This must be the first course a coach-in-training attends.**

Gymnastic Foundation Theory Part 1

Dates: Friday, January 3

Time: TBC

Location: 1701 Welch St, North Vancouver, BC V7P 3G9

Facilitator: Marta Kroupa

Cost: \$84

Gymnastic Foundation Theory Part 2 and Theory

Dates: Saturday, January 4th

Time: 9-5pm

Location: 1701 Welch St, North Vancouver, BC V7P 3G9

Facilitator: Marta Kroupa

Cost: \$84

Gymnastics Foundations – (Part 3) Rhythmic Gymnastics

Dates: Sunday, January 5th

Time: 9am-4pm

Location: 1701 Welch St, North Vancouver, BC V7P 3G9

Facilitator: Marta Kroupa

Cost: \$84

NCCP Registration Form

Part 1 – Gymnastic Foundations Intro part 1 –January 3_ \$84_____

**Part 2 – Gymnastic Foundations Intro part 2 Theory and – January 4th
\$84_____**

Part 3 – Gymnastic Foundations RG– January 5th \$84 ____

Participant Name:

Address

Home Phone:

Email:

Date of Birth:

Club:

Please send your registration fee to BCRSGF

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