

BC AGG Program

Age*	Year of Birth	Short Program		Long Program		Performance	Competitive	Competitions
		Music	# of Gymnast	Music	# of Gymnast			
4-6	2015-2017	1"00-1"30	4-14	NA	NA	X		Club Shows and Local Invitationals
6-8	2013-2015	1"00-1"30	4-14	NA	NA	X		Club Shows and Local Invitationals
8-10	2011-2013	1"25-1"35	4-14	2:00-2:30	6-14	X	X	Invitationals, June Provincials, Across Canada, International Invitationals
10-12	2009-2011	1"25-1"35	4-14	2:00-2:30	6-14	X	X	Invitationals, June Provincials, Across Canada, International Invitationals
12-14	2007-2009	1"25-1"35	4-14	2:00-2:30	6-14	X	X	Invitationals, June Provincials, Across Canada, International Invitationals
14-16	2005-2007	1"30-1"45	4-10	2:15-2:45	6-10	X	X	Invitationals, April Provincials, Across Canada, International Invitationals
16 +	2005+	1"30-1"45	4-10	2:15-2:45	6-10	X	X	Invitationals, April Provincials, Across Canada, International Invitationals

*Two members of the group may be one year younger or one year older than the given minimum and maximum ages