

**Position on Drug Free Sport**

The purpose of this Policy is to confirm that BCRSGF accepts, adopts, and adheres to the Canadian Anti-Doping Program and the designated authority and policies of the CCES.

The BC Rhythmic Sportive Gymnastics Federation Drug Free Sport Policy shall guide its efforts in this area.

BCRSGF is committed to the Spirit of Sport. BCRSGF believes that the most effective way to prevent doping in sport is through a long-term commitment to the core positive values of sport. This belief recognizes the negative impact and tremendous pressures on athletes to “win at all costs”.

**Drug Free Education Programs**

- BCRSGF will provide information relevant to drug free sport to athletes and coaches and arrange for presentations of drug free sport education programs to groups at appropriate competitions and training camps

- BCRSGF will promote the Gymnastics Canada Policy for Drug Free Sport

“All Canadian team members will be “drug free” except for medication prescribed by a physician which has been declared to the team manager. There will be zero tolerance for the use of illegal drug substances by any member of the Canadian Team.”

**Doping related infractions are;**

- condoning the use of Banned Substances or Banned Doping methods;
- counseling or advising others to use banned substances or Banned Doping methods
- securing, supplying or administering banned substances
- possession of banned substances without valid medical reason;
- refusal to participate in doping control

**The following terms have these meanings in this Policy:**

a) “Banned Doping Methods” – As defined by the Canadian Centre for Ethics in Sport, include, but are not limited to, Enhancement of Oxygen Transfer, Chemical and Physical Manipulation, Gene Doping, Blood Doping and Pharmacological, Chemical and Physical Manipulation of urine

b) “Banned Substances” – As defined by the Canadian Centre for Ethics in Sport, include, but are not limited to, Non-approved Substances, Beta2 Agonists, Hormone Antagonists and Modulators, Diuretics and Masking Agents, Cannabinoids, Glucocorticosteroids, Stimulants, Narcotic Analgesics, Anabolic Agents, Peptide Hormones, Analogues, and substances that alter the integrity of the urine sample

**Penalties:** Sanctions or penalties may be implemented by BCRSGF in accordance with this Policy and BCRSGF Code of Conduct and Ethics.