**7.7 Provincial Team Policy**

BCRSGF annually funds or partially funds various levels of athletes and coaches to various competitions, as budget permits. When travelling as a member of the BC Team, every individual must remember that she is a representative of not only the sport of rhythmic gymnastics but also the province of British Columbia. She shall represent them both with dignity and a positive image.

Members of the Provincial Team may change during the year according to the events occurring, the athletes qualifying to represent BC, and funding availability.

**7.7.1 Athlete's and Coach's Agreement and Conduct Code**

**a)** Each team member will be required to sign the BCRSGF Provincial Team Athlete's or Coach's Agreement.

**b)** The agreement will remain on file with the Provincial Office and shall remain in effect during the competitive year and as long as the athlete or coach is a member in good standing of the BCRSGF Provincial Team.

**c)** Following is a copy of the Athlete’s Agreement and Conduct Code:

**ATHLETE AGREEMENT**

As a member of the British Columbia Provincial Rhythmic Gymnastics Team, it is my intention to represent the British Columbia Rhythmic Sportive Gymnastics Federation and my Province with dignity and with a positive image in and out of the gymnasium. With this in mind, I understand and will conform to the following Conduct Code.

**CONDUCT CODE**

GENERAL:

1. The members will conduct themselves at all times in a manner beneficial to the Rhythmic Gymnastics program. Clean and neat appearance and attire is essential. Members will wear British Columbia team uniforms when requested for travel, training, competition and group excursions.

2. Respect and consideration toward the public, coaches, volunteers and other athletes is a must. Foul language in or out of the gym will not be tolerated. Respect all rules of the facility.

3. Smoking will not be tolerated. Any involvement with non-prescription drugs will mean immediate suspension.

4. Consumption of alcoholic beverages is prohibited.

5. Members shall not contract with manufacturers, suppliers or retailers (material or financial) without advance approval from the Provincial Board.

6. Members will not trade or sell any equipment or clothing provided by the program without permission from the Provincial Board.

7. Members will attempt to please the media and general public and not make statements or written complaints against the British Columbia Rhythmic Sportive Gymnastics Federation, its volunteers or officials.

8. The athlete recognizes the British Columbia Rhythmic Sportive Gymnastic Federation as the sanctioning body to National and International competitions and will abide by the rules of F.I.G., Gymnastics Canada Gymnastique and the British Columbia Rhythmic Sportive Gymnastic Federation. Members will not break any Provincial or Federal law.

9. Athletes shall be a member in good standing and remember they are representing all British Columbia Rhythmic Sportive Gymnastics Federation members in the Province and their behavior is a reflection on us all as well as the Province.

10. Each athlete shall be liable for recovery of damages done to any facility used or occupied by her or any equipment lent to her, either alone or in conjunction with others.

**TRAVELLING:**

1. The team coach may be required to submit a report to the British Columbia Rhythmic Sportive Gymnastic Federation following each event represented by the British Columbia Team

1. When travelling, each athlete shall be responsible to have in her possession two of each of the competitive apparatus required in her level, two sets of toe slippers, black entire length tights and an ample supply of hair accessories. The borrowing of any of these items is not advised.

3. When travelling, the athletes are expected to keep their rooms clean and orderly. (Moving or removing of furniture or equipment belonging to the facility they are occupying is not allowed).

4. The coach/team manager is in full charge of the athletes and shall use her/his discretion as to compliance with accepted rules of conduct.

5. If a breach of conduct occurs, the coach/team manager will contact the parents of the athlete and arrange the immediate transportation home at the expense of the athlete.

6. The coach/team manager shall set a reasonable curfew and all athletes shall be required to observe the said curfew at risk of suspension.

7. The coach/team manager shall be informed of any prescribed medication the athlete may be using and the athlete must have a letter signed by her physician to its use.

8. The coach/team manager will keep all prescription medicine unless otherwise instructed by her parent or legal guardian in writing.

**ATHLETE AGREEMENT**

I HAVE READ THE ATHLETE AGREEMENT AND AGREE TO

ABIDE TO THE RULES OUTLINED.

Athlete’s Signature

Date

Parent/Legal Guardian’s Signature

Date

**d)** Following is a copy of the coach's agreement and conduct code.

**COACH'S AGREEMENT**

As a member of the British Columbia Provincial Rhythmic Gymnastics Team, it is my intention to represent the British Columbia Rhythmic Sportive Gymnastic Federationand my Province with dignity and with a positive image in and out of the gymnasium. With this in mind, I understand and will conform to the following Conduct Code.

**CONDUCT CODE**

1 Themembers will conductthemselves at all timesinamanner beneficial to the Rhythmic Gymnastics program. Clean and neat appearance and attire is essential. Members will wear British Columbia uniforms when requested for travel, training, competition and group excursions.

2. Respect and consideration toward the public, coaches, volunteers and other athletes is a must. Foul language in or out of the gym will not be tolerated. Respect all rules of the facility.

3. Any involvement with non-prescription drugs will mean immediate suspension.

4. Members shall not contract with manufacturers, suppliers or retailers (material or financial) for benefit as a BC Team member without advance approval from the Provincial Board.

5. Members will not trade or sell any equipment or clothing provided by the program without permission from the Provincial Board.

6. Members shall attempt to please the media and general public and not make statements or written complaints against the British Columbia Rhythmic Sportive Gymnastic Federation, its volunteers or officials.

7. Members will abide by the rules of the F.I.G., the Canadian Rhythmic Sportive Gymnastics Federation and the British Columbia Rhythmic Sportive Gymnastic Federation. Members will not break any Provincial, State or Federal law.

8. Coaches will be a member in good standing and remember they are representing all British Columbia Rhythmic Sportive Gymnastic Federation members in the Province and their behavior is a reflection on us all, as well as the Province.

9. Each coach shall be liable for recovery of damage charges should any such charges be levied for damages done to any facility used or occupied by her or any equipment lent to her, either alone or in conjunction with others.

10. Coaches are prohibited from promoting their own private club by publicly advertising their club, by wearing logos, trademarks, or symbols of that club, or by singling out their own club members for special recognition especially if this excludes or is detrimental to the other BC Team athletes.

11. Coaches will avoid any action or conduct that would reasonably be expected to significantly disrupt or interfere with a competition or the preparation of any athlete for competition.

12. Coaches will be responsible to care for the health, safety and general well being of athletes, in the coach's charge, in a manner in which a prudent parent would.

13. If an athlete's personal coach is travelling with the BC delegation, the team coach will respect the coach/athlete relationship and any communications will be directed to the personal coach who will forward them to the athlete. The personal coach will take responsibility for the athlete's time outside of the competition.

**COACH'S AGREEMENT**

I HAVE READ THE COACH'S AGREEMENT AND AGREE TO ABIDE TO THE RULES OUTLINED.

Coaches Signature

Date

#### **8.2 High Performance Athletes--Elite Team**

**8.2.1 Purpose**

**a)** To improve the performance of the top ranked BC rhythmic gymnasts in National and International competitions.

**b)** To assist BC rhythmic gymnasts in the realization of their potential in the pursuit of personal excellence.

**c)** To raise the calibre of National and Provincial competitions for BC athletes.

**8.2.2 Objectives**

**a)** To develop and implement high calibre programs designed to aid in training and improve the performance of BC gymnasts in competitions.

**b)** To identify athletes with the potential to successfully represent BC Nationally and Internationally both now and in the future.

**c)** To establish fair, objective and modern selection criteria for participants involved in this team.

**d)** To monitor and evaluate through standardized measures and tests, the training progress of each identified gymnast.

**8.2.3 Composition of the Elite Team**

The Elite Team will be composed of the top rhythmic gymnasts in BC. The number of gymnasts selected to the team will be determined each year and may vary from 18-20 individual gymnasts and three (3) groups.

**8.2.4 Eligibility**

To be eligible for selection to the Elite Team, a gymnast must:

**a)** Be a Canadian citizen or Landed Immigrant

**b)** Be a member in good standing of the BCRSGF

**c)** Be currently registered in a BC National Stream Category or in a level eligible to compete at the Western Regional Championships.

**8.2.5 Selection**

Gymnasts will be selected to the Elite Team in accordance with the following criteria:

**a)** National Team members are automatically selected over and above the original 18-20 members

**b)** Selectionfor Individuals will be based on the following formula:

* 100%--All Around score from Western Regional Championships
* Selection for Group will be based the top Ranking BC Group at Group Nationals in the National Senior, Junior, Novice and PreNovice Categories.

**c)** Composition:

* Top 3 in BC—National Senior
* Top 3 in BC—National Junior
* Top 3 in BC—National Novice
* Top Senior BC FIG Group
* Top Junior BC FIG Group
* Top 3 Senior BC Level 6
* Top 3 Junior BC Level 5
* Top 3 Novice BC Level 4

**d)** The Elite Team will be named after Western Regional Championships by June 15th of each year for the following year.

**e)** Elite Team members who decline to support, participate in, or lend the use of their name to a fundraising activity from which they are scheduled to benefit directly, will not receive any funding from that source for one year and will have to make up the funding from their own resources.

**f)** A letter of withdrawal is required if a team member decides to leave the Elite Team and the Athlete Assistance Award will be repaid if the athlete does not complete the competitive season.

**8.3 Excellence Development Team**

**8.3.1 Purpose**

**a)** To serve as a development team of Rhythmic Sportive Gymnasts aspiring to the Elite Team.

**b)** To assist BC rhythmic gymnasts in the pursuit of personal excellence.

**c)** To raise the calibre of athlete development and competition in BC.

**8.3.2 Objectives**

**a)** To design and implement programs to develop and aid in training the beginning gymnast and developing athletes.

**b)** To assist athlete to successfully train toward selection to the Excellence Team.

**c)** To establish a development team that is representative of all zones in BC.

**d)** To monitor and evaluate the progress of the program.

**8.3.3 Composition of the Excellence Development Team**

The Excellence Development Team will be composed of BC rhythmic gymnasts. The Team will be determined each year and may vary from 18-20 individual gymnasts and up to four groups.

**8.3.4 Eligibility**

To be eligible for selection to the Excellence Development Team, a gymnast must:

**a)** Be a Canadian citizen or a Landed Immigrant.

**b)** Be a member in good standing with the BCRSGF.

**c)** Be currently registered in a BC National or Regional Level competitive category.

**8.3.5 Selection**

Gymnasts will be selected to the Excellence Development Team in accordance with the following criteria:

**a)** Selection will be based on the following criterion:

* 100%--All Around score from the Western Regional’s

**b)** Composition:

Any Senior, Junior or Novice National Level ranking in the top 10 at Westerns & note already included on the Elite Team

Top two ranked PreNovice or Novice National Level Groups of 4 or 5 at Group Championships

* Top 3 Senior BC Level 6
* Top 3 Junior BC Level 5
* Top 3 Novice BC Level 4

**c)** The Excellence Development Team will be named after Western Regional’s by June 15th each year.